



# Introducing A Powerful Technique To Open Your Clairvoyance



## About Being Psychic

As a psychic or intuitive, everything begins with feelings and occurrences you know are more than mere coincidence—strange and undeniable knowings you find impossible to ignore. Psychic medium explains that you may have experienced a strong urge to call a relative, only to find out that you were needed at that very moment. Experiences like these happen more often to you than to others. During those times, acting on those feelings or urges—not logic—produces positive results. There may be times you suspect there is something beyond what's called reality, something residing in the world of the paranormal.



## Understanding Psychic Connection

It is said that psychic connections are made when a person picks up information in an uncommon way or from an unusual source. Psychic connections are said to be in play when a person acquires knowledge he or she could not have known—information emanating from a source outside of individual understanding, separate from any previous experiences or prior knowledge. While there is no scientific proof that these occurrences are psychic in nature, science has yet to explain them. Any psychic will attest that the proof is in the pudding. He or she has seen it and knows that such information comes directly from the universal mind, the higher self, and/or vibrations sent by other souls—the universal matrix. Psychics believe paranormal principles are the explanation.



## I'm Psychic. How Do I Tune in and Begin Receiving Messages?

Tuning into higher sources of information begins when individuals aggressively direct their focus on becoming aware of themselves and the world around them. Every day they engage in the paranormal practice of communicating with a higher realm of consciousness, but they are just not aware of doing so. Once you purposely make it a point to become aware, you will begin to find something else is at work. If you take time to analyze events nonchalantly referred to as coincidences, hunches, urges, or that inner voice, you will come to realize there is more to know about reality. It is even possible you may discover or become aware of the psychic strengths you tend to have. Pay attention to all your hunches, urges, and coincidences, and see if there are deeper messages and/or meanings.



## Psychic Development Comes in Many Forms: Investigate, Read, Learn and Grow!

Numerous techniques exist by which a person can investigate these mysteries. The investigations center entirely on different psychic practices and specialties psychics pursue. A majority of individuals believe intuition gives us the same information that comes from logical evaluation, personal experience, learned knowledge, and educated conclusions. However, psychics believe that they not only have access to information intuition provides, but that they have the benefit of information that has been passed down from the universe for millennia. They believe information is accessible at the behest of the universal mind and often available through a connection with deceased souls residing in a different reality. Psychics tune into higher sources from outside the human intellect, beyond intuition and learning.



### A Powerful Technique to Access Your Psychic Ability


#### Upside-Down Drawing to Dispel Mind Chatter



It's so natural for our left brain to be in charge that we often can't even stop it. This exercise will give your creative and intuitive right brain a chance to take over for a bit. When you look at a photo right side up, you give it dimension and order. You see the top, bottom, sides, etc. It makes sense to your left brain. But if you look at that same picture upside down, suddenly it's chaos. Your brain can't make as clear sense of it. This is even more pronounced when you try to draw it upside down. Herein lies the doorway to opening up your right brain. Follow these few steps and you'll begin to nourish this remarkable and largely untouched side of who you are. For a more in-depth discussion on the intricacies of the right and left brain as it relates to drawing, I highly recommend *Drawing on the Right Side of the Brain* by Betty Edwards.

- 1 Find a picture of a person you want to draw.
- 2 Be in a quiet space with 30 minutes of uninterrupted time where you can draw comfortably.
- 3 Turn the picture upside down and begin drawing it on your clean sheet of paper. Start exactly where you feel drawn to. There is no right or wrong place to begin. Don't try to figure out what you are drawing, just draw what is before you. It's imperative that you don't turn the picture right side up—for obvious reasons, you will shift right back to the left brain and waken it.
- 4 You might consider, objectifying data, which means to talk out loud as you draw, thereby helping to deepen the connection to your right brain.
- 5 You may want to cover what you are drawing with another piece of paper and then gradually reveal more of it as you draw. When I learned this technique, I found it to be incredibly helpful. In this way, the picture I was drawing was not so overwhelming; it seemed manageable to draw it piece by piece, slowly making my way down my drawing.

*Trying using the image of Abraham Lincoln as your first upside-down drawing exercise!*



Once you purposely make it a point to become aware and open to your psychic abilities, you will begin to find something else is at work. If you take time to analyze events nonchalantly referred to as coincidences, hunches, urges, or that inner voice, you will come to realize there is more to know about reality. It is even possible you may discover or become aware of the psychic strengths you tend to have.

Remember, pay attention to all your hunches, urges, and coincidences, and see if there are deeper messages and/or meanings. In order to stretch your mind's ability to glean more, listen to them.

### **I Want to Develop My Psychic Ability. What's Next?**

To embark on the serious development of personal psychic abilities, you must purposely engage in investigating the powers existing within and around you. A psychic pursuit is never a selfish pursuit. The psychic pathway is gentle, powerful, and always non coercive.

Do you want to learn how to develop your psychic abilities? Begin here, with my award-winning book, *Take the Leap: What It Really Means to Be Psychic!*

